

96 > Guts to Center Guts

R | r | r | r | R | L | R | r | r | r | r | r | r | R | r | R | r | r | r | r | r | r | R | R | r | r |

102 3 3 3 3 To Center

r | r | r | r | r | r | r | r | r | r | r | r | R | r | r | R | r | R | r | r | R | r | r | r | L | r | R | r | R | r |

107 3 3 3 3

R | r | r | R | r | r | L | R | r | r | r | R | L | R | L | R | r | r | L | r | r | r | r | r | r | r | r | r | R | L | r | r | R | r |

112 3 3 3 3

r | r | r | r | r | r | R | L | r | r | R | r | r | r | r | r | r | R | L | R | L | r | R | r | r | r | r | r | r |

117 4 Guts to Center

R | R | L | r | r | r | L | R | r | R | r | R | r | R | L | R | r | r | r | r | r | r | r | L | R | r | r |

126 3 3 3 3 accel. = 188

R | r | r | L | r | R | r | L | R | r | R | r | r | r | r | L | R | r | r | r | r | r | r | R | L | L | R |

132 2 2 2 2

R | L | L | R | R | L | r | r | L | r | R | L | R | R | R | R | R | R | R | R | R | R | R | R | R | R | R | R |

139 3 3 3 3

r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r | r |

143 3 3 3 3 9 9 9 9

R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L | R | L |

146 3 3 3 3 5 RH Flip

r | r | R | r | r | R | r | R | r | r | r | r | R | L | R | L | R | L | R | L | R | L | R | L | R | L |